

Omelets

CAROLINA BREEZE OMELET

Bacon, sausage, onions & cheddar, topped w/ sausage gravy...Mmm!
6.95

FARMERS OMELET

Bacon, sausage, onions, peppers, mushrooms, tomatoes & cheddar
6.95

VEGGIE OMELET

Mushrooms, peppers, onions, tomatoes & Swiss (add spinach or broccoli) **6.75**

KIELBASA OMELET

Polish sausage, onions, peppers, tomatoes & cheddar
6.75

MEAT LOVERS OMELET

Bacon, ham, sausage & cheddar
7.95

SERVED W/ CHOICE OF: HOME FRIES, GRITS, CORN PUDDING, SAUSAGE GRAVY, BAKED APPLES OR FRESH FRUIT & CHOICE OF: BISCUIT, CORN MUFFIN OR TOAST

GREEK OMELET

Feta cheese, Kalamata olives, onions, tomatoes & oregano **6.95**

GYRO, TOMATO & FETA OMELET 6.95

SPINACH & FETA OMELET 6.95

FETA CHEESE OMELET 6.25

GYRO OMELET SANDWICH 6.95

Gyro meat, feta cheese, tomatoes & onions in a pita w/ tzatziki (*Does not come with toast or biscuit*)

MEDITERRANEAN BREEZE OMELET 6.95

Roasted red peppers, feta cheese, fresh spinach, Kalamata olives, onions, oregano & tzatziki

ACAPULCO BREEZE OMELET 6.95

Taco beef, pinto beans, onions, smothered w/ cheddar cheese, topped w/ sour cream & side of salsa

TACO OMELET 7.95

Taco beef, corn tortillas and cheddar cheese, topped w/ sour cream & served with lettuce, tomato and salsa on the side

ENCHILADA OMELET 7.95

Taco beef, onions and cheddar, topped w/ chili con carne, more cheddar, lettuce & tomato topped with sour cream & a side of salsa

SHRIMP & GRITS OMELET

Grilled shrimp, cheesy grits & chorizo sausage **8.95**

COUNTRY OMELET

Home fries, sour cream, ham, peppers, onions & cheddar **6.95**

WESTERN OMELET

Onions, green pepper, ham & cheddar cheese **6.95**

BACON, TOMATO & CHEDDAR OMELET 6.50

SPINACH & TOMATO OMELET 6.50

ASPARAGUS & SWISS OMELET 6.75

BROCCOLI & SWISS OMELET 6.75

HAM, BACON OR SAUSAGE & CHEESE OMELET 6.75

TURKEY & SWISS OMELET 6.95

3 CHEESE OMELET 6.25

STEAK & CHEDDAR OMELET

Ribeye steak, w/home fries, cheddar, green peppers, onions & mushrooms
7.50

CHORIZO OMELET

Chorizo sausage, onions, green peppers, tomatoes, cheddar & sour cream
7.25

CHICKEN LIVER LOVERS OMELET

Sautéed chicken livers, mushrooms, mozzarella & onions
7.95

PESTO PRIMAVERA OMELET

Onion, mushrooms, tomatoes, bell peppers, broccoli, banana peppers, cheddar & pesto
7.25

Two Egg Breakfasts

Includes two eggs & choice of:

Home Fries, Grits, Corn Pudding, Sausage Gravy, Baked Apples OR Fresh Fruit -&- Toast OR Biscuit

TWO EGGS ANY STYLE 3.25

~TWO EGGS WITH~

GRILLED CHICKEN BREAST 7.95

CRAB CAKES (2) 8.75

SAVANNAH FRIED CHICKEN 7.25

(with sausage gravy)

BACON, HAM OR SAUSAGE 4.95

CANADIAN BACON 5.50

CORN BEEF HASH 5.95

COUNTRY HAM 6.95

LIVER PUDDING 5.50

GRILLED PORK TENDERLOIN 6.75

FRIED PORK TENDERLOIN 6.75

RIBEYE STEAK 8.25

SALMON PATTIES (2) 5.95

KIELBASA SAUSAGE 4.95

SMOKED SAUSAGE 4.95

ADD ON: GREEK YOGURT

DRIZZLED W/ HONEY **4.50**

w/ choice of one—walnuts, pecans, fresh strawberries OR blueberries

The Lighter Side

TURKEY POWER OMELET Egg whites or Egg Beater omelet w/ turkey sausage & turkey bacon, onions, tomatoes, fresh spinach & feta cheese, served w/ a dry English muffin & fresh fruit **7.95**

THE HEALTHY SCRAMBLE Egg whites or Egg Beaters scrambled with mushrooms, onions, tomatoes, roasted red peppers, fresh spinach & feta cheese. Served w/ a dry English muffin & fresh fruit **7.95**

THE DREAM LEAN SCRAMBLE Egg whites or Egg Beaters scrambled plain served w/ Canadian bacon, fresh fruit & served with a dry English muffin **7.75**

POWER WRAP Egg whites or Egg Beaters w/ turkey, fresh spinach, grilled mushrooms & Swiss cheese in a tortilla served w/ fresh fruit and a side of salsa **7.95**

SANTORINI COCKTAIL A healthy parfait of Greek yogurt, fresh fruit berries, bananas, walnuts, pecans & toasted almonds, drizzled with honey. Served w/ a dry English muffin *Add granola for 1.00* **6.75**

THE OLYMPIC BREAKFAST Poached eggs on an English muffin served w/ a side of feta cheese, sliced tomatoes, Kalamata olives & Canadian bacon **6.75**

Specialty Breakfasts

ALL AMERICAN 5.95

2 pancakes & 2 eggs
Choice of one: 4 slices bacon,
Virginia ham OR
2 sausage links or patties

DEACON'S CHOICE 6.75

Belgian waffle served w/ 2 eggs
Choice of: 4 slices bacon, ham OR
2 sausage links or patties

RACERS CHOICE 6.75

French Toast served w/ 2 eggs
2 slices of bacon & 2 sausage links

CROISSANT SCRAMBLE 6.75

Scrambled eggs, fresh spinach,
ham, cheddar & Hollandaise sauce,
served with fresh fruit

THE DIXIE 7.25

Country fried steak & 2 eggs
w/ biscuit & sausage gravy

COUNTRY

BREAKFAST 5.95

2 eggs, bacon or sausage
w/ biscuit & sausage gravy

"3 ACES" 3.95

1 pancake, 1 egg & choice of:
2 slices bacon OR
1 sausage link OR patty

COUNTRY

BISCUITS & GRAVY

One biscuit 2.75
Two biscuits 3.50

MAMA ZOE'S EYE OPENER 3.95

2 eggs w/ choice of one meat:
2 slices bacon OR 1 sausage link or
patty & choice of: home fries, grits,
baked apples, sausage gravy
OR corn pudding & toast or biscuit

LOW CARB LOVERS 6.95

3 eggs cooked any style served
w/ 2 slices of bacon, ham &
2 sausage links

CHICKEN & WAFFLES 8.95

Served with w/ choice of: home fries,
grits, baked apples, sausage gravy
OR corn pudding

EGGS VERA CRUZ 6.25

Scrambled eggs w/ sausage, onions &
cheddar in a tortilla topped w/
salsa & sour cream, w/ fresh fruit

Eggs Benedict

Crab Cake Eggs Benedict 8.95

Poached eggs on a toasted English muffin w/
two of Mama Zoe's crab cakes and tomato, topped w/
Hollandaise & served w/ fresh fruit medley

Benedict Combinations 7.50

Two poached eggs atop a toasted English muffin
piled high w/ your choice of combinations below &
covered w/ Hollandaise served w/ fresh fruit.

#1 Ribeye & Tomatoes

#2 Fresh Spinach, Feta & Tomatoes

#3 Canadian Bacon & Tomatoes

#4 Pork Tenderloin & Tomatoes

#5 Ham & Tomatoes

Classic Waffles

Dusted w/ powdered sugar

Belgian Waffle	3.99
Pecan Waffle	4.99
Glazed Strawberry Waffle	4.99
Blueberry Waffle	4.99
Banana Pecan Waffle	5.95
Cinnamon Apple Waffle	5.95
Fresh Fruit Waffle	6.95

Classic Hotcakes

Dusted w/ powdered sugar

Fresh Blueberry	Banana Walnut
Cinnamon Apple	Chocolate Chip
OR Glazed Strawberry	
Short Stack	5.75
Full Stack	6.75

Hot Off the Griddle

OLD FASHIONED BUTTERMILK HOTCAKES

Dusted w/ powdered sugar
Short Stack 4.25 Full Stack 5.75

FRESH FRUIT HOTCAKES

Topped w/ banana, strawberries, blueberries &
peaches, dusted w/ powdered sugar
Short Stack 5.95 Full Stack 6.95

MULTIGRAIN HOTCAKES

Dusted w/ powdered sugar
Short Stack 4.95 Full Stack 5.95

HAWAIIAN HOTCAKES

Stuffed w/ grilled pineapple, pecans &
toasted coconut, dusted w/ powdered sugar
Short Stack 5.75 Full Stack 6.75

SWEET POTATO HOTCAKES

Dusted w/ powdered sugar
Short Stack 4.95 Full Stack 5.95

French Toast

FRENCH TOAST 4.95

Dusted with powdered sugar

PRALINE FRENCH TOAST CASSEROLE 6.50

Dusted w/ powdered sugar,
served w/ pure maple syrup, fresh strawberries,
peaches & fresh blueberry medley

BANANA PECAN FRENCH TOAST 6.25

Dusted w/ powdered sugar

FRENCH TOAST PUFFS 5.95

Deep fried French toast
dusted w/ powdered sugar & cinnamon

Breakfast Skillets

COUNTRY SKILLET 7.25

Home fries w/ green peppers & onions smothered w/ melted cheddar, topped w/ 2 eggs cooked any style & choice of sausage, ham or bacon & sliced tomatoes, toast OR biscuit

SOUTHWESTERN SKILLET 7.25

Home fries smothered with melted cheddar, jalapenos, diced tomatoes & onions, topped w/ 2 eggs cooked any style, chorizo sausage, salsa & sour cream, toast OR biscuit

Biscuits

EGG BISCUIT	1.60
VIRGINIA HAM BISCUIT	1.75
COUNTRY HAM BISCUIT	1.95
BACON BISCUIT	1.75
CANADIAN BACON BISCUIT	1.95
SAUSAGE BISCUIT	1.75
SMOKED SAUSAGE BISCUIT	1.75
TENDERLOIN BISCUIT	2.25
FRIED CHICKEN BISCUIT	2.75
ADD EGG	.99
ADD CHEESE	.80

GREEK YOGURT

Drizzled w/ honey

Choice of one:

walnuts, pecans, fresh strawberries OR fresh blueberries 4.50

EXTRA TOPPINGS 1.00 EACH ADD GRANOLA 1.00

OATMEAL

w/ brown sugar

CUP 1.99 BOWL 2.99

Sandwiches

PLAIN EGG	1.80
VIRGINIA HAM	2.60
COUNTRY HAM	2.75
BACON	2.60
CANADIAN BACON	2.80
SAUSAGE	2.60
TENDERLOIN	3.95
LIVER PUDDING	2.75
ADD EGG	.99
ADD CHEESE	.80

LOW COUNTRY BREAKFAST 4.95

Choice of: Fried Chicken, Fried Pork Tenderloin or Sausage Served on a Biscuit topped w/ Sausage Gravy

BELT SANDWICH 3.75

Bacon, Egg, Lettuce, Tomato on Toast

BREAKFAST CLUB SANDWICH 7.95

Triple decker fried egg, cheese, ham, turkey, bacon, lettuce & tomato (Breakfast Club is served with 1 side)

Beverages

Soft Drinks	1.99
Coffee or Hot Tea	1.99
Hot Chocolate	1.99
Sweet Tea	1.99
Sm Milk	1.99
Lg Milk	2.50

White or Chocolate

Sm Juice	1.99
Lg Juice	2.50

Apple, Orange, Pineapple, Cranberry, Ruby Red Pink Grapefruit & Tomato

Mimosas made with orange juice or ruby red grapefruit juice \$4.95

Sides & A La Carte

Bagel w/ Cream Cheese	1.99
Toast or English Muffin	1.20
Biscuit or Corn Muffin	.90
Cereal	1.95
Fresh Fruit	2.00
Fruit Medley	2.75
1 Buttermilk Hotcake	1.95
1 Sweet Potato Hotcake	2.95
1 Multigrain Hotcake	2.95
Pure Maple Syrup	1.00
Grits	1.20
Home Fries	1.50
Shredded Hash Browns	1.50
w/ onions	add .35
w/ peppers	add .35
Corn Pudding	2.00
Country Sausage Gravy	1.20
Cheese	.80
1 Egg	.99
Egg Whites	add 1.00
Egg Beaters	add 1.00
Smoked Sausage	2.25
Liver Pudding	2.25
4 Slices of Bacon	2.25
Ham	2.25
3 Sausage Links	2.75
2 Sausage patties	2.25
Canadian Bacon	2.40
Country Ham	3.95
Pork Tenderloin	3.50
2 Salmon Patties	3.50
Corn Beef Hash	3.25

*Consuming raw or undercooked items such as meats, poultry, shellfish or cooked to order eggs with less than well done yolk, may pose an increased risk of food borne illnesses.



Where friends and family meet to eat!

BREAKFAST

MONDAY THRU FRIDAY 6AM-12PM

SATURDAY 6AM-2PM

SUNDAY 7AM-12PM

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www.mamazoes.com

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