Mama Zoẽ

Michael's

Where friends and family meet to eat!

BREAKFAST - LUNCH - DINNER

MON THRU SAT 6AM-9PM
SUNDAY 7AM-2:30PM

DELIEVERY AVAILABLE THROUGH TAKEOUTCENTRAL.COM

Like us on Facebook!

www.mamazoes.com

2859 Reynolda Road, Winston Salem, North Carolina

336-722-4946

Small Plates and Opening Bites

Fried Green Beans
Batter fried green beans w/ creamy horseradish sauce...5.50

Beer Battered Onion Rings
Served w/ creamy horseradish sauce...4.25

Mozzarella Sticks
(6) w/ tomato meat sauce....5.25

Potato Skins
Topped w/ bacon, cheese & sour cream...6.50

Sweet Waffle Fries
w/ powdered sugar...4.75

Fresh Potato Chips
Hot & crisp w/ ranch...4.25

Chicken Tenders 6.50
(5) Crispy plain tenders
w/ honey mustard for dipping
OR
"Tossed in your favorite sauce"
Buffalo, Teriyaki Glaze, Goldrush or BBQ 6.95
Dipping sauce .75

Classic Tzatziki Dip
Served w/ with toasted pita bread...5.75

Zoom Zoom Shrimp
Crispy popcorn shrimp tossed in our yummy creamy sauce...6.95

Sweet Chili Shrimp
Crispy popcorn shrimp tossed in sweet popper jam w/ banana peppers...7.25

Caribbean Fried Shrimp
(7) Coconut shrimp w/ blueberry glaze for dipping..9.50

Chicken Quesadilla
Grilled flour tortilla w/ chicken, cheddar, mozzarella, sour cream & salsa
1 vegetable side...8.25

Beef Strip Quesadilla
Grilled flour tortilla w/beef strips, grilled onions, peppers, mushrooms, cheddar, mozzarella, sour cream & salsa
1 vegetable side...8.95

French Onion Soup
Croutons & melted provolone cheese 4.95

Soup Of The Day
Cup... 3.25 Bowl... 4.75

Daily Combo Special
Soup, Salad & Soft Drink

w/ Soup of the day....7.50
w/ French onion soup....8.50

Ethnic Classics $8.95

Gyro (yee'ro) Platter
Lamb & beef strips, onions, tomatoes, tzatziki, small Greek salad & Fries

Spanakopita Platter
(Spinach & Feta Cheese Pie)
A Greek favorite!
Rice pilaf & small Greek salad

Souvlaki Platter
Chicken or Pork
Onions, tomatoes, tzatziki, small Greek salad & fries

The Whole Tex~Mex Enchilada
Two corn tortillas rolled w/ seasoned ground beef, onions & cheese then smothered w/ chili con carne baked to perfection and garnished w/ lettuce, tomatoes, sour cream & salsa

Zoe's Wet Burrito
Flour tortilla stuffed w/ lettuce, seasoned ground beef, pinto beans, rice & onions *topped* w/ chili con carne & cheese, sour cream & salsa

Meat Sauce Classics

Spaghetti
Meat Sauce.....$8.75
Meatballs (3).....$9.95

Baked Manicotti
Three manicotti rolls stuffed w/ ricotta cheese $9.25

Chicken Parmagiana
Topped w/ cheese & served w/spaghetti $9.95

Greek Spaghetti
Topped w/ feta cheese
$9.25

Baked Lasagna
Three Italian cheeses layered w/ Italian sausage $9.95

Veal Parmagiana
Topped w/cheese & served w/ spaghetti $9.95

Baked Spaghetti
Topped w/ mozzarella cheese
$9.25

Baked Spaghetti *A la* Venice
Onions, peppers & mushrooms topped w/ mozzarella cheese
$9.75

Eggplant Parmagiana
Fried eggplant topped with cheese & served w/ spaghetti
$9.95

Pasta served with salad and garlic bread...Marinara Sauce available upon request!
Extra Garlic bread $1.20

Real Oven Roast Turkey
Cornbread stuffing topped w/ gravy, mashed potatoes & gravy, cranberry sauce & 2 vegetables
9.75

Mom's Meatloaf
Seasoned ground chuck topped w/ gravy, mashed potatoes & gravy 2 vegetables
9.50

Savannah Fried Chicken
Fried boneless chicken & mashed potatoes smothered w/ sausage gravy, 2 vegetables
9.95

Chicken Pot Pie
Roasted chicken, peas, carrots, & potatoes folded into a creamy sauce topped with a flaky pastry crust. Served w/2 vegetables
Get it before it's gone!
10.25

Zoẽs Chicken & Waffles
Belgian waffle topped w/ hand breaded boneless chicken, dusted w/ powdered sugar & syrup served w/ a dinner salad 9.50

Country Fried Steak
w/ sausage or brown gravy, mashed potatoes & gravy and 2 vegetables 8.95

Sauteed Chicken Livers
Pan fried in mushrooms & wine w/ 2 vegetables
9.95

Fried Pork Tenderloin
w/ sausage gravy, mashed potatoes & gravy and 2 vegetables 9.75

Virginia Sugar-Cured Ham
mashed potatoes & gravy, 2 sides 8.95

Country Ham Steak
mashed potatoes & gravy, 2 sides 8.95

Grilled Liver & Onions
Beef liver w/grilled onions topped w/ gravy, mashed potatoes & gravy w/ 2 vegetables 9.50

* House Specialties

* Seafood Favorites

Served with 2 vegetables

Ribeye Steak
Blackened or Grilled 1/2 lb....14.95
3/4 lb....16.95

Beef Strips
Marinated beef strips.....9.95

Marinated Chicken Strips
Tender marinated strips of chicken with rice pilaf.. .....9.25

Teriyaki Chicken Dinner
Teriyaki marinated chicken breasts.....9.75

Chicken Monterey
Chicken breasts *topped* w/ bacon, pineapple, mushrooms, peppers, onions & cheese.....10.50

Chopped Sirloin Steak
8 oz. smothered with grilled onions, mushrooms & gravy.....8.95

Sirloin Beef Tips
Sautéed with mushrooms & wine.....9.95

Boneless Pork Chops
Grilled and lightly seasoned.....9.25

Crunchy Grouper
Cornflake & almond breading w/ tartar sauce...11.50

Crab Cakes
Family recipe served w/ popper jam.....11.50

Blueberry Salmon
Topped with blueberry glaze.....13.50

Salmon — *Lemon Broiled or Blackened*
Lightly seasoned with lemon.....13.50

Broiled Flounder w/ lemon.....11.50

Jumbo Fried Shrimp
Served with cocktail sauce 11.95

Coconut Fried Shrimp
Lightly coated in coconut w/ popper jam.....12.95

Calabash Popcorn Shrimp
Hushpuppies & cocktail sauce 10.50

Fried Flounder
Hushpuppies & tartar sauce.....10.50

Fried Flounder & Popcorn Shrimp
Hushpuppies, cocktail & tartar sauce.....13.95

Hot Vegetables

Mashed Potatoes & Gravy
Sweet Potato Waffle Fries
Mashed Sweet Potatoes
Rosemary Roast Potatoes
Country Green Beans
Greek Style Green Beans
Rice Pilaf
Baked Potato (after 5pm)
Loaded Baked Potato (1.50 extra)
Fresh Potato Chips w/ ranch
Corn Pudding
Baked Apples
Pinto Beans
French Fries
Potato Cakes
Fried Apple Sticks
Fried Okra
Fried Squash
Onion Rings

Cold Vegetables

Cottage Cheese
Potato Salad
Applesauce
Fresh Fruit
(cantaloupe, honeydew & grapes)
Pickled Beets
Banana Pudding
Peaches
Fruit Medley (.75 extra)
(strawberries, blueberries & peaches)
Cucumber Salad
Cole Slaw
Salad *(w/ dressing)*
(lettuce, tomato, cucumber, onions)

1 vegetable $2.25 3 vegetables w/ Roll $6.25 4 vegetables w/ Roll $7.75

Favorite Hometown Salads

Pittsburgh Steak Salad
Shredded lettuce, tomato, onions, cucumbers, thinly sliced steak, mozzarella & cheddar cheeses topped w/ French fries
Small 7.95 Large 8.95

Marinated Chicken Salad
Shredded lettuce, tomato, onions, cucumbers, mozzarella, cheddar cheese topped w/ toasted almonds
Small 7.95 Large 8.95

Goldrush Fried Chicken Salad
Shredded lettuce, tomato, onions, cucumbers, fried chicken tossed in gold rush sauce, toasted almonds, mozzarella & cheddar cheese topped w/ fries
Small 7.95 Large 8.95

Fried Chicken Salad
Shredded lettuce, tomato, onions, cucumbers, toasted almonds, mozzarella & cheddar cheese
Small 7.95 Large 8.95

Teriyaki Chicken Salad
Shredded lettuce, tomato, onions, cucumbers, toasted almonds, mozzarella & cheddar cheese
Small 7.95 Large 8.95

Gyro Salad
Shredded lettuce, tomato, onions, cucumbers, sliced gyro meat & feta cheese topped w/ French fries
Small 7.95 Large 8.95

Souvlaki Salad
Chicken or Pork
Choice of meat, shredded lettuce, tomato, onions, cucumbers, feta cheese topped w/ French fries
Small 7.95 Large 8.95

Greek Salad
Shredded lettuce, tomato, red onions, cucumbers, Kalamata olives, pepperoncini peppers & feta cheese
Small 6.75 Large 7.75

Julienne Salad
Shredded lettuce, tomato, onions, cucumbers, turkey, ham, cheese & hard boiled egg
Small 7.95 Large 8.95

Boiled Shrimp Salad
Shredded lettuce, tomato, onions, cucumbers topped w/ boiled shrimp
Small 7.95 Large 8.95

House Dinner Salad
Shredded lettuce, tomatoes, onions & cucumbers
Small $4.50 Large $6.50

Red, White & Blue Salad
Green leaf lettuce, blueberries, cranberries, walnuts, bleu cheese crumbles & strawberries
Served w/ Ken's Lite Raspberry Walnut Vinaigrette & pita bread

Topped w/
Grilled or Blackened

Marinated Chicken	10.50
Teriyaki Chicken	10.50
Salmon	13.50

Marinated Beef Strip Salad
Shredded lettuce, tomato, onions, cucumbers, marinated beef strips, mozzarella & cheddar cheese topped w/ toasted almonds
Small 7.95 Large 8.95

Taco Salad
in a crispy taco bowl
Shredded lettuce, tomatoes, onions seasoned ground beef, pinto beans, cheddar cheese, sour cream & salsa
One Size 8.95

Salad Toppers add: Chicken...$3 Scoop of Tuna or Chicken Salad...$3 Popcorn Shrimp...$4 Salmon...$7
Extra dressing .75

*Burgers w/ 1 VEGETABLE

All American CheeseBurger
Fresh ground chuck, lettuce, tomato, mayo & American cheese 3 oz. 5.95 6 oz. 7.25

Provolone Bacon Burger
Grilled onions and peppers, lettuce, tomato & mayo 7.95

Mushroom Swiss Burger
Grilled mushrooms, lettuce, tomato & mayo 7.95

Black & Bleu Burger
Blackened burger, bleu cheese crumbles, lettuce, tomato & bleu cheese dressing 8.25

New York Burger
Grilled peppers and onions, roasted red peppers, Provolone and Swiss cheese, lettuce, tomato & mayo 7.95

Patty Melt
Two, 3 oz. burgers topped w/ grilled onions & American cheese on grilled rye 7.95

Veggie Burger Deluxe
Grilled onions, green peppers, pepper jack cheese, lettuce, tomato & mustard 7.95

Veggie Burger
Mustard, lettuce & tomato 6.95

The "Pittsburgher"
Two 6 oz. burgers with provolone cheese, lettuce and tomato, topped w/ french fries & slaw drizzled with gold rush sauce on panini bread 9.25

Crab Shack Burger
Crab cake topped w/ lettuce, tomato & sweet chili mayo 8.95

A-1 Burger
Provolone, American cheese, bacon, lettuce, tomato & mayo, drizzled w/ A-1 sauce 8.25

Hawaiian Burger
Grilled pineapple, toasted coconut, grilled mushrooms, Swiss, lettuce, tomato & mayo 8.25

Cheeseburger Club
Triple decker, two 3 ounce burgers w/ bacon, cheese, lettuce, tomato & mayo 8.75

Moo—Moo Koukoureekou
American cheese, fried egg, onion rings, lettuce, tomato, mustard & mayo 8.75

Sandwich Board

W/ 1 VEGETABLE

GYRO (Yee-ro)

Lamb & Beef strips rolled in pita bread
w/ tomato, onions & tzatziki 7.95

SOUVLAKI (Sue-flah-key)

Marinated Chicken or Pork rolled in pita bread
w/ tomato, onions & tzatziki 7.95

DEACON CLUB

Triple decker w/ ham, turkey, bacon, cheese, lettuce, tomato & mayo 7.95

MEDITERRANEAN TURKEY PANINI

Fresh spinach, tomato & feta, drizzled w/ Greek vinaigrette 8.75

Bruschetta FLATBREAD

Grilled chicken, tomato, olives, feta, mozzarella & parmesan, drizzled w/ Greek vinaigrette 9.25

CRUNCHY GROUPER SANDWICH

Breaded with cornflakes and almonds, topped w/ lettuce, tomato & spicy mayo on a hoagie 8.95

FRIED FLOUNDER SANDWICH

Topped w/ slaw & tartar sauce on a hoagie 7.95

PHILLY-CHEESE Steak or Chicken

Smothered w/ onions and peppers, Swiss and provolone, lettuce, tomato & mayo 7.95

HOT COUNTRY SANDWICHES

*Served open face, smothered in gravy choice of: Mashed potatoes or French fries... **extra side 1.95***

$7.25

Hot Roast Beef
Hot Roast Turkey
Hot Meat Loaf
Hot Country Fried Steak
Hot Savannah Fried Chicken

SENIORS & JUNIORS

OVER 60 & UNDER 12 PLEASE!

Grilled Cheese.....5.25
Hot Dog.....4.50
Hot Dog *All The Way (chili, slaw, mustard & onions)* 5.25
Hamburger plain.....5.50
Cheeseburger plain.....5.75
Chopped Steak 6oz.....6.25
(add grilled mushrooms, onions & gravy for $1.00)
Fried Flounder *w/ hushpuppies*.....6.75
Broiled Flounder 7.75
Chicken Fingers.....5.75
Fried Popcorn Shrimp *w/ hushpuppies*.....6.75

ABOVE SERVED WITH 1 VEGETABLE

PASTA SERVED ONLY WITH GARLIC BREAD

Spaghetti with Meat Sauce.....6.25
Spaghetti with Meat Balls (2).....7.25
Baked Spaghetti.....6.95
Spaghetti a la Venice.....7.25

BIG DADDY Italian

Ham, turkey, pepperoni, provolone, lettuce, tomato, onion & banana peppers, drizzled w/ Greek vinaigrette on a hoagie 7.95

REUBEN Turkey or Corned Beef

Sauerkraut & Swiss w/1000 island on rye 8.95

TURKEY CRANBERRY WRAP

Sliced turkey, cranberry mayo, provolone cheese, lettuce & tomato 7.50

GOLD DIGGER Wrap

Fried chicken tossed in gold rush sauce, lettuce, onion, fries & cheddar cheese 8.25

BREAKFAST CLUB

Triple decker, fried egg, cheese, ham, turkey, bacon lettuce, tomato & mayo 8.75

3 CHEESE GRILLED CHEESE

Provolone, Swiss & American cheeses grilled on Texas toast 6.25

BLT W/ MAYO

Bacon, lettuce & tomato on Texas toast 6.25

CHICKEN BLT WRAP

w/ honey mustard 7.50

CHICKEN SANDWICH

Teriyaki chicken breast, provolone cheese, lettuce, tomato & mayo 7.95

GRILLED HAM & SWISS

Ham & Swiss cheese on grilled rye 6.75

TUNA MELT

Grilled w/ Swiss on rye 8.25

COLD PLATE PLATTERS

DELUXE SALAD PLATTER

Choice of: Tuna OR Shrimp OR Chicken Salad

w/ pickled beets, assorted fruits & toasted pita bread

Choice of 1..... 8.25 ***Choice of 2***..... 9.95

No substitutions please

LARGE FRUIT PLATE

An assortment of fruits served w/ cottage cheese, potato salad or slaw 7.95

SHRIMP SALAD

Served on a croissant w/ 1 vegetable 7.50

TUNA SALAD

Served on a croissant w/ 1 vegetable 7.50

CHUNKY CHICKEN SALAD

Served on a croissant w/ 1 vegetable 7.50

**** Cooked to order.***
Consuming raw or undercooked meat, poultry, seafood or eggs may increase your risk of foodborne illness.

AN ADDITIONAL 18% GRATUITY WILL BE ADDED TO PARTIES OF 8 OR MORE

BEER

DOMESTIC BEER 3.00

Bud / Bud Light
Michelob Light / Michelob Ultra
Michelob Lager

CRAFT BEERS 3.25

SIERRA NEVADA PALE ALE
BOLD ROCK HARD CIDER
(Virginia Apple)

IMPORTED BEER 3.50

CORONA / BECKS

Wine

BY THE GLASS 4.75
1/2 LITER 7.95

CORBET CANYON, CHILE

Chardonnay / Pino Grigio
White Zinfandel / Merlot
Cabernet Sauvignon

MIMOSA'S by the glass 4.95

Made with orange juice or Ruby Red grapefruit juice

Desserts

CAKES

Chocolate Mousse
Peanut Butter Chocolate
Chocolate Éclair
Swiss Chocolate Chip
Chocolate Cherry
Pineapple
Banana Pudding
Cheesecake

DAD'S (CRAZYBILL'S)
Rice Pudding
Baklava

PIES

Key Lime Pie
Coconut Cream
Pumpkin Pie
Pecan Pie
Boston Crème

NO SUGAR ADDED
Chocolate Pie

Apple Cobbler

WAFFLE BANANA SPLIT

Belgian waffle topped w/ 3 scoops of vanilla ice cream, sliced banana, pineapple & strawberry sauce. Drizzled w/ chocolate syrup, maraschino cherries & dusted w/ powdered sugar

WAFFLE ICE CREAM SANDWICH

Belgian Waffle topped w/ vanilla ice cream Syrup, dusted w/ powdered sugar

OFF THE GRIDDLE

FRENCH TOAST 6.25
Dusted with powdered sugar

PRALINE FRENCH TOAST CASSEROLE 7.95
Served with fruit medley & pure maple syrup

TALL STACK PANCAKES (3) 6.95
SHORT STACK PANCAKES (2) 5.50

BELGIAN WAFFLE 5.25
Dusted with powdered sugar

PECAN WAFFLE 6.25
Dusted with powdered sugar

FRESH FRUIT PANCAKES (3) 8.50
Topped w/ blueberries, strawberries, bananas & peaches

FRESH FRUIT WAFFLE 8.50
Topped w/ blueberries, strawberries, bananas & peaches

*OMELETS

Served w/ Home fries or fried potato cakes & Choice of: toast, biscuit or corn muffin

FARMERS OMELET 8.25
It's got it all, bacon, sausage, onions, peppers, mushrooms, tomatoes & cheddar

GYRO OMELET SANDWICH 8.25
Mama Zoe's favorite omelet in a pita, tzatziki, feta cheese, tomato, onions & sliced gyro meat *(no toast)*

GREEK OMELET 8.25
Olives, feta cheese, tomatoes, onions

COUNTRY OMELET 8.25
Home fries, sour cream, peppers, ham, onions & cheese

CAROLINA BREEZE OMELET 8.25
Bacon, sausage, onions & cheese topped with country sausage gravy .....mmm!

WESTERN OMELET 8.25
Peppers, onions, ham, cheddar

VEGETABLE OMELET 8.25
Fresh seasoned vegetables & Swiss cheese

FETA CHEESE OMELET 7.50

THREE CHEESE OMELET 7.75
Swiss, provolone & cheddar

BISCUITS & SAUSAGE GRAVY

1 Biscuit 3.95 2 Biscuits 5.25

A LA CART SIDES

BACON (4).....$3.25
SAUSAGE LINKS (3).....$3.75
SAUSAGE PATTIES (2).....$3.25
(1) HOTCAKE.....$2.95
TOAST.....$1.20
CORN MUFFIN OR BISCUIT..... $1.20

BEVERAGES

Soft Drinks 1.99
Pepsi—Diet Pepsi—Diet Dr Pepper—Dr Pepper
Mountain Dew—Sunkist Orange—Pink Lemonade
Sierra Mist—Sweet Tea -or- Unsweetened Tea

COFFEE & DECAF 1.99
HOT CHOCOLATE 1.99
HOT TEA 1.99

JUICES: *Orange, Ruby Red Grapefruit, Apple, Pineapple, Cranberry or Tomato*

MILK: *White or Chocolate*
SMALL 2.25 LARGE 2.75

Mama Zoe Michael's Story

September 7, 1969 is when my first love began for food & hospitality. It was my 10th birthday and all my family and neighborhood friends were waiting for my father to come home so we could sing happy birthday and dig into my mother's Greek cooking. When my father finally arrived he announced that he bought a restaurant, Christy's, in Ellwood City, Pennsylvania. I had no clue where that town was but it was soon to become my home away from home and my greatest educator in the food and hospitality industry!

My father would pick me up after school so I could be at the restaurant for "Supper Time." Aside from being overwhelmed with new foods and cooking techniques, my parents did not speak nor understand the English language. Even though I spoke English, I had never heard of all the foods on the menu. The only foods I was familiar with was the *Hotdoggia* (hot dogs), *Cheesebourgos* (cheeseburgers), & *Frenzefries* (French fries), I could not even pronounce the foods correctly, the rest was all a chaotic blur.

I was only accustomed to eating home cooked Greek food prepared by my amazing mother who loved to cook and feed people. She was the best at *Spanakopita* and *Baklava*, but when it came to *Cream Pies* and *Meringue Pies* she couldn't get it right. My father would get upset and throw them in the garbage! She had a tough time, but by golly at the end she mastered the recipes and her pies were in the newspaper! At Christy's every morning they made 25 different varieties of meringue and fruit pies, all from scratch, and they still do today!

At 10 years old I wasn't watching "The Brady Brunch" or "Leave it to Beaver", instead I was watching my parents struggling to communicate with the servers and cooks. The grill was located out front in the dining room and I watched them put the wrong condiments on the wrong sandwiches because they didn't read the ticket right, so of course they argued in Greek. I had to jump in, I had to concentrate and learn how to help my parents and how to properly run our new restaurant. I did not want to be embarrassed or laughed at, I was determined to learn.

Throughout the years my father became know as "Crazy Bill" and he coined the phrases *"How are you pal? How are you dear?"* and *"Get the money girls!"* Some of you may remember my father as he sat in the front of Mama Zoe's and greeted the guests. He was very ill, but he came everyday until he couldn't come anymore. He adored his customers and they adored him. I still hear his voice, *"Everything ok?...If not...come back and try again tomorrow."* He taught us to love our customers and would say, the restaurant is our family.

One more pillar and influence in my life is my godfather, Louis D. Pappan. Nouno, (Godfather) became a well known restaurateur and entrepreneur, he is an amazing person who has touched many lives — a true role model. I look up to him with all my heart. If you were from Western Pennsylvania, you would have known or seen him on TV advertising: *"An You Gonna Like It!"* He was the owner of over 40 restaurants (Pappan's Family Restaurants).

I graduated from Indiana University of Pennsylvania, with a BS degree in Business Administration and a degree in Food Service Management. In 1984, I met my soul mate Christakis Zenonos Michael, who grew up in the Mediterranean on the island of Cyprus. We moved to Fort Myers, Florida and together we started creating different foods, characteristics, and a soon-to-be tradition of opening a variety of popular restaurants in Southwest Florida. We opened our first restaurant in 1985, a Greek Restaurant, called Plaka II which is still in business today. Then we opened the Split Rail Restaurant (1986), Zoe's Southern Grille (1992), Margarita Grille (2000), Cin Cin Mediterranean Bar & Grille (2004), and now Mama Zoe Michael's (2008).

To this day, 45 years later, Christy's Restaurant, my love, passion and mentor is still serving customers daily. Some of the original staff is still there, working since 1969. The restaurant is currently owned and operated by my brother, Dino Rizos.

With the collection of family favorites and food recipes spanning 48 years, we have brought them all together here at Mama Zoe Michael's. We hope you enjoy and we thank you all for your support, love and patronage of our restaurant!